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Steps U.S. Patients Can Take to Protect Themselves When Ordering Prescription Drugs From Canadian Mail-order Pharmacies

- 1. Look for the Provincial pharmacy license number on the pharmacy website
- 2. Phone the Provincial Regulatory Authority to confirm the license (see www.napra.org or www.pharmacists.ca to view a list of the regulators)
- 3. Look for a physical address in Canada on the website
- 4. Look for toll free phone numbers to call from the U.S.
- 5. Call the toll free number and speak to a Customer Service rep or Pharmacist
- 6. Make sure the pharmacy requires a prescription from a licensed physician
- 7. Make sure the pharmacy requires a patient medical history including allergies
- 8. Make sure the pharmacy requires you to sign a patient agreement to order
- 9. Look for the CIPA Certification Seal on the pharmacy website (Member of the Canadian International Pharmacy Association)
- 10. Avoid SPAM & pop-up ads that promise cheap prescription drugs or narcotics